

THE LEGENDARY LIFE PROGRAM*

A 12 week transformative program to achieve legendary outcomes in all areas of your team's lives.

Did You Know?

- The average employee spends only **2.8 hours** per day on productive tasks
- 40% of employees never get more than **30 minutes of uninterrupted and focused time**
- On average, at least one email or instant message is received every **6 minutes**
- The average adult spends **11 hours per day** distracted by social media
- Over **80%** of employees report feeling job stress on a daily basis

THE REAL PROBLEM

In today's instant society, we are bombarded by messages and distractions at every turn. However, feeling detached, overwhelmed, stressed, and unmotivated are only symptoms of a greater problem.

In this 12 week program, your employees will learn how to use the power of language to completely transform their schedules, leaving them excited for the legendary opportunities they *get* to do every day. Their time will no longer be dictated by a long list of "to-do's", but by a powerful understanding of their emotional and psychological beliefs to propel them forward and optimize their performance.

ORGANIZATIONAL IMPACT

Through implementing these proven strategies, your employees will:

- **Master the art of time** through effective goal setting, planning, time management, and effective communication.
- **Improve company culture** through developing stronger relationships and encouraging greater positivity.
- **Increase lead generations and sales conversions** and decrease attrition through creating an environment focused on innovation and growth.

For years I've experienced much frustration in trying to "make more magic happen" as I run my business, parent, and support my disabled, elderly mother. I signed up for this program hoping to become more efficient and pack more into an already over-crowded schedule. What I got instead was a powerful new set of paradigms for living that made my calendar a partner to dance with instead of an enemy to outrun. – Susan Crossman of Crossman Communications, Ontario



LET'S BUILD A LEGENDARY BUSINESS TOGETHER

Learn more at www.CHADECOOPER.com/canadian-training

**This program qualifies for the Canadian Government Job Grant Fund*

CHAD E COOPER

Throughout his life, Chad E. Cooper has continuously raised the bar and pushed himself to be the very best he can be. From being awarded both Regimental Marine of the Quarter and Regimental Marine of the Year during his time of service, to retiring from Microsoft at age 35, to serving two terms as Mayor Pro-Tem in his community, to traveling the world and making a global impact through his foundation work in New Zealand and Guatemala, to competing as a multi-major sponsored triathlete, to applying for a Guinness Book World Record holder for crossing the most common things off a bucket list, to being a thriving family man, husband, and father – Chad embodies what it means to live a **Legendary Life**®.



Chad's greatest passion, however, is sharing the principles he's discovered to help others also shatter the status quo and live the life they were born to live. Looking back on his journey, Chad realized he had a distinct guide at every transitional stage in his life who opened his eyes to a new way of thinking and pushed him farther than he could have reached on his own. When Chad synthesized his experiences into a proven system to achieve success in all areas of life, he knew it was his turn to be the guide for others. Now, Chad coaches a wide variety of high achievers such as athletes, entrepreneurs, CEO's, and retirees to break through real and perceived barriers to discover their unique purpose and integrate it into every area of their life - *if they are willing to put in the work.*

Chad's coaching philosophy is best summed up in the adapted words of Ronald Reagan – “Some people live their whole life wondering if they made a difference in the world. [My clients] don't have that problem.” Chad has helped numerous people discover the keys to unlocking their own potential in order to be the very best they can be. Join him on this journey and create the legendary life you've always known you were destined to live.



ARE YOU READY TO LIVE LEGENDARY?

Learn more at www.CHADCOOPER.com